

# TRIATHLETE CODE OF CONDUCT

OGOPOGO TRIATHLON CLUB

## Sportsmanship

- I represent the OgoPogo Triathlon club, and I know that this is an important role.
- I act in ways that bring respect to my coaches, my team, the TriBC organization, and me.
- I communicate first with my coach if there is an important matter.
- I use acceptable language at all times, and I speak positively of others.
- I cooperate with coaches, officials, volunteers and fellow athletes.
- I try to be a good role model for younger athletes.



## Training and Competition

- When I train I always try my best.
- I set goals and work with my coaches to achieve the goals.
- I listen to and show respect for my coaches and all

**COMPETITION**  
**TEAMWORK**  
**RESPECT FOR OTHERS**  
**LOVE OF THE SPORT**  
**APPRECIATE COACHES & VOLUNTEERS**

## Responsibility for Actions

- I will not participate in practices or display behaviours that are considered to be infractions (See table).
- I will report immediately to a coach when there is a situation in which someone (this includes me) has been hurt or could potentially be hurt.

**FUN**

## Agreement

- With my parents, I have read, understood and signed the Triathlete Code of Conduct
- I will obey the Triathlete Code of Conduct.
- I understand that failure to obey the Triathlete Code of Conduct may lead to loss of the privilege to compete or train as a member of the OgoPogo Triathlon Club.